

# Aging at Home Solution



*This note is to let you know that Aging at Home Solution is open and fully staffed to meet your needs. My caregivers have been given additional training regarding the Coronavirus to include patient handling and care with preventative measures. Please keep us in mind to assist you during this crisis.*

*We all are attempting to utilize caregivers for personal care with our CNAs to those who only require companion caregivers. Let us all work together to get through these trying times.*

*We have added additional services for our seniors that need pick up and delivery services of daily essentials. We are happy to go to the grocery store and drug store for their needs. We are willing to provide in-facility care if your staff calls out. Whatever we can do to further protect them from this virus.*

*We have partnered with Chesapeake Chef Services to delivery weekly meals for the convenience of any senior living within the four counties area of Queen Anne, Kent, Caroline and Talbot with no delivery fee.*

*We have teamed to provide meals for those at risk. The meals will be prepared by a professional chef and delivered by the staff of Aging at Home Solution.*

*Please see a sample menu below:*

## **Delivered Meals Menu**

**Meals Dropped-off twice a week - Tuesdays and Fridays, \$12 per meal**

### **Week 1**

**Grilled Chicken Breast, Green Beans, Rosemary Bliss Potatoes, Pan Gravy;  
Roasted Salmon, Asparagus, Basmati Rice, Grilled Roma Tomato**

### **Week 2**

**Boneless Pork Chop, Apple Demi-Glace, Honey Glazed Parsnips & Carrots,  
Mashed Potatoes;  
Chicken Parmesan, Penne Pasta, Roasted Tomato Sauce, Mozzarella, Basil**

### **Week 3**

**Bone-In Scallion Scented Chicken, Red Beans, Rice;  
Ocean Perch, Roasted Zucchini & Squash, Braised Lentils, Lemon Picatta Sauce**

### **Week 4**

**Blackened Blue Catfish, Smoky Tomato Sauce, Polenta Cake, Sauteed  
Broccolini;  
Beef Burgundy, Barley, Garlic and herb Green Beans, Caramelized Onions**

*Please order 72 hours in advance of delivery.  
Amyk@Agingathomesolution.com or 410.822.2207.*

*Thank you for your time and we look forward to assisting you.*